

## **SOUTHEAST ARKANSAS COLLEGE**

### **NURSING ASSISTANT/HOME CARE AIDE**

The Nursing Assistant/Home Care Aide program focuses on safe and effective functioning when providing client care in the healthcare setting and/or the home environment. Emphasis is placed on assisting clients with daily living and performing fundamental skills. These skills include checking and recording blood pressure, pulse rate, respiratory rate and temperature, performing bathing, hygiene and toileting, bed making, utilizing proper body mechanics, providing mobility, meal service and the proper usage of assistive devices, wheelchairs and lifters. Concepts pertaining to the psychosocial approach to caregiving are covered along with basic Anatomy and Physiology, Medical Terminology, and infection control.

Skills are taught and practiced in a hospital type laboratory and a home/apartment laboratory setting. Required clinical hours are spent in a long-term care facility providing hands-on care to residents.

Upon successful completion of 48 contact hours, students will receive a Home Care Aide Certificate of Completion. Upon successful completion of the program, students will receive a Nursing Certificate of Proficiency and are eligible to take the practical and competency examinations that lead to Arkansas State Certification as a Nursing Assistant (CNA).

The curriculum has been developed in accordance with the Health Care Finance Administration under the OBRA 1987 Guidelines.

A grade of "C" is required for passing.